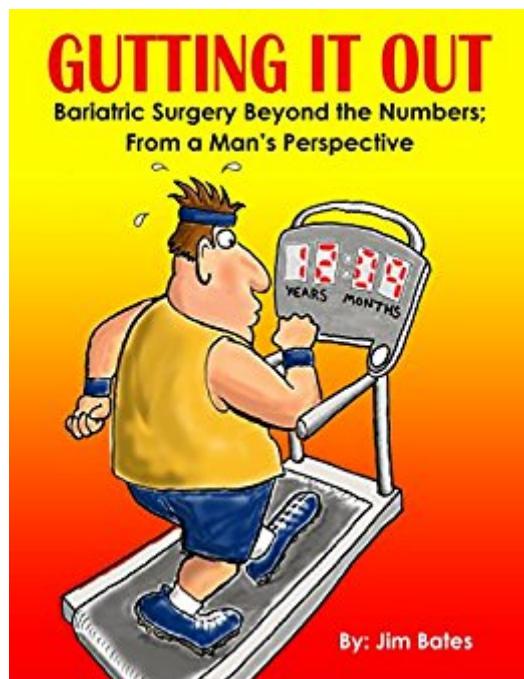


The book was found

Gutting It Out: Bariatric Surgery Beyond The Numbers; From A Man's Perspective



Synopsis

I had kicked around the idea of having Bariatric Surgery for over a decade. Lap Band, Gastric Bypass, and Gastric Sleeve; I had considered all of them but I just could not bring myself to go under the knife. I was functional and I was getting by and I did not want to waste my family's time and money by doing something I should be able to do myself. I felt this way until that one day. After that day, how I had been living was going to end. The weight was coming off. I saw that it was not having the surgery that would harm my family, it was my obesity that would. Thank-you for reading this description and I would greatly appreciate your leaving feedback on how the book read should you decide to read it.

Book Information

File Size: 2756 KB

Print Length: 33 pages

Simultaneous Device Usage: Unlimited

Publication Date: October 18, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B016U3DTQ2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #674,200 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51 in Books > Medical Books > Medicine > Internal Medicine > Bariatrics #1497 in Kindle Store > Kindle Short Reads > One hour (33-43 pages) > Health, Fitness & Dieting #2824 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Weight Maintenance

Customer Reviews

This book offers an honest, thoughtful and witty perspective on bariatric surgery - from a male perspective. That's something that is strangely missing from this experience. For men who are facing the difficult decision, Bates speaks right to you. His humor makes this an enjoyable and quick read. You will journey with the author from his early memories of life with food and football through to his surgery. If you are trying to decide if you should have this procedure, you should make this

easy purchase for the encouragement and advice. His plain talk as a doctor is refreshing, he doesn't talk over your head at all, but connects to your heart. Do yourself a favor and buy this book!

I liked the fact that he gives us a little history about himself. He explains how he grew his stomach and how easy it was to do it and that no diet was ever going to work for him. After reading it, I'm more confident in my decision to pursue the surgery.

Fun short read for male sleevers.

[Download to continue reading...](#)

Gutting It Out: Bariatric Surgery Beyond the Numbers; From a Man's Perspective Bariatric Surgery (Around The World One Of The Most Important Medical Procedures Used To Treat Obesity Is Bariatric Surgery-Read This Book Book 1) Gastric Sleeve Diet: A Comprehensive Gastric Sleeve Weight Loss Surgery Diet Guide (Gastric Sleeve Surgery, Gastric Sleeve Diet, Bariatric Surgery, Weight Loss Surgery, Maximizing Success Rate) The BIG Book on Bariatric Surgery: Living Your Best Life After Weight Loss Surgery (The BIG Books on Weight Loss Surgery 4) Video Atlas of Laparoscopic Surgery: Bariatric Surgery The Emotional First + Aid Kit: A Practical Guide to Life After Bariatric Surgery, Second Edition The SAGES Manual: A Practical Guide to Bariatric Surgery (Sages Manuals) Bariatric Surgery: A Primer for Your Medical Practice Obesity Care and Bariatric Surgery Bariatric Surgery: A Guide for Mental Health Professionals Minimally Invasive Bariatric Surgery LOTTERY NUMBERS: 7 Numbers That WIN Most Often Surgery Open Heart: A Surgical Nurse Guides You Through Open Heart Surgery (Open Heart Surgery, Aortic Valve / Mitral Valve Replacement, Coronary Artery Bypass, Aortic Aneurysm, Myxoma) You Can Heal After Spine Surgery: Managing pain, making decisions, preparing for surgery, and finally recovering from back and neck surgery. Sex Change - Male to Female: An Essential Guide for Understanding the Process of Gender Reassignment Surgery & Getting to Know the New You ~ (Transgender Surgery | Sex Reassignment Surgery) Basic, Advanced, and Robotic Laparoscopic Surgery: Female Pelvic Surgery Video Atlas Series, 1e (Female Pelvic Video Surgery Atlas Series) Robotic Surgery, An Issue of Thoracic Surgery Clinics, 1e (The Clinics: Surgery) Qualitative Analysis for Planning & Policy: Beyond the Numbers Every Man's Marriage: An Every Man's Guide to Winning the Heart of a Woman (The Every Man Series) IRON MAN, VOL. 1: 1963-1980: Every Marvel IRON MAN Comic Book Cover From 1963 (Tales Of Suspense #39) And The 1968 Series (IRON MAN COMIC BOOK COVERS)

[Dmca](#)